easygoingroute 1.6km (1 mile) fairly level, splendid views



## A BLAST FROM THE PAST!

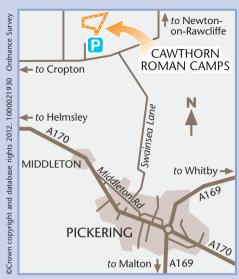
Almost 20 centuries ago the Romans built a series of fortifications on the northernmost tip of their mighty Empire. Now known as Cawthorn Roman Camps, the ditches and banks they dug still stand as an impressive reminder of their ingenuity. Follow this trail and marvel at these relics from the dim and distant past.

The camps were bought by the North York Moors National Park in 1983 to look after the area and to help visitors discover its secrets. Removing trees and scrub from the forts has safeguarded the archaeology. Bracken is also being controlled and footpaths have been made to help reduce the impact of visiting the monument.

#### VIEWS TO REMEMBER

The vistas from the viewpoint almost defy description. From this vantage point the splendour of the North York Moors quite literally unfolds in front of you – woodland, moor and farmland, it's all here for you to enjoy!

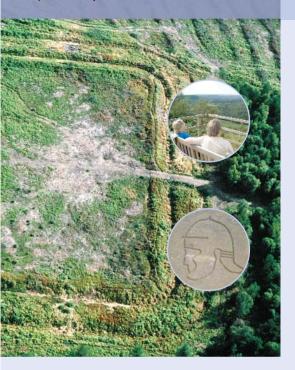
#### LOCATION MAP



### **HOW TO GET THERE**

From Pickering, on the A170, take Middleton Road, then follow Swainsea Lane. After 5.5km (3.4 miles) turn left at the T-junction. In 0.75km (0.5 miles) turn right onto the unsealed track, signed to Cawthorn Roman Camps. Follow the track to the car park in the trees. There is ample parking, including space specifically reserved for disabled drivers.

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Nearly 2,000 years ago the Romans built a group of fortifications overlooking the central moorlands of the National Park. This trail offers you the opportunity to discover these remarkable earthworks and to imagine what life must have been like for the legionaries who built them.

# **NEAREST FACILITIES**

There are RADAR accessible toilets in Pickering – Eastgate and Ropery (7km).

# Cawthorn Roman Camps

0 100m

Parking

Gate

Seating

Accessible route

✓ Viewpoint

*Grid reference:* SE 783 894



# **ROUTE DESCRIPTION**

The trail starts in the far corner of the car park, next to the information panel and the disabled parking bay. It's a 1.6km (1 mile) loop – simply follow the marker posts showing a carved head of a Roman soldier. Two seats on the route provide opportunities to savour spectacular views.

#### **PATH DETAILS**

The path has a hard, compacted surface and is fairly level. There is a short undulating section on grass, wet weather may affect its accessibility. The site is exposed and quite often subjected to chilly winds – wrap up warm!