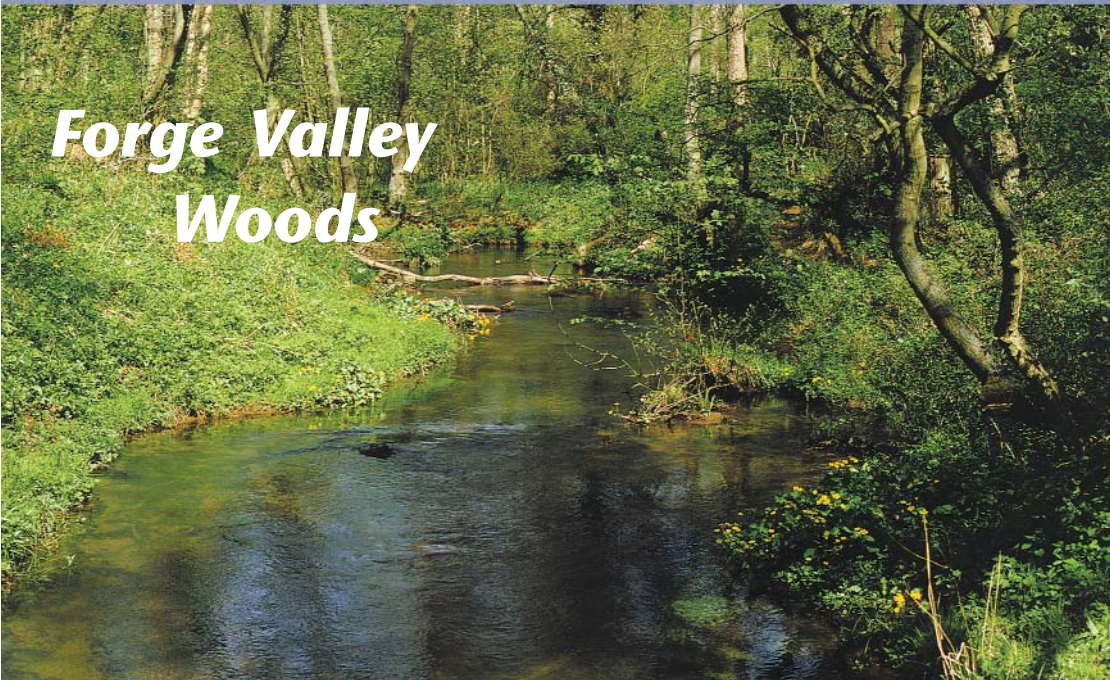


**easygoingroute** 2.7km (1.7 miles) wooden boardwalk, spectacular woodlands

# Forge Valley Woods



## FORGED BY NATURE

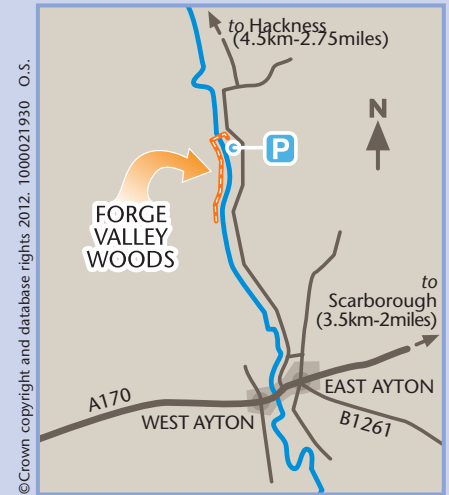
It may not especially feel like it but your journey through Forge Valley is a geological voyage, which can only be explained by looking back 10,000 years into the distant past! During the last Ice Age a large lake formed in the Hackness Valley, just to the north of Forge Valley. In time the lake overflowed and flowing water cut the steep-sided valley in a relatively short time.

## IT'S A WILD WOOD

The strikingly beautiful woods, which line Forge Valley, form a link with the ancient wildwoods of yesteryear. At one time, thousands of years ago, most of England was hidden beneath a mantle of broadleaved woodland. Today only fragments remain to remind us of their former splendour.

The place teems with plants and animals of all shapes and sizes – from nuthatch in the trees and crayfish in the river to wild garlic on the woodland floor and illusive deer skulking in the undergrowth.

## LOCATION MAP

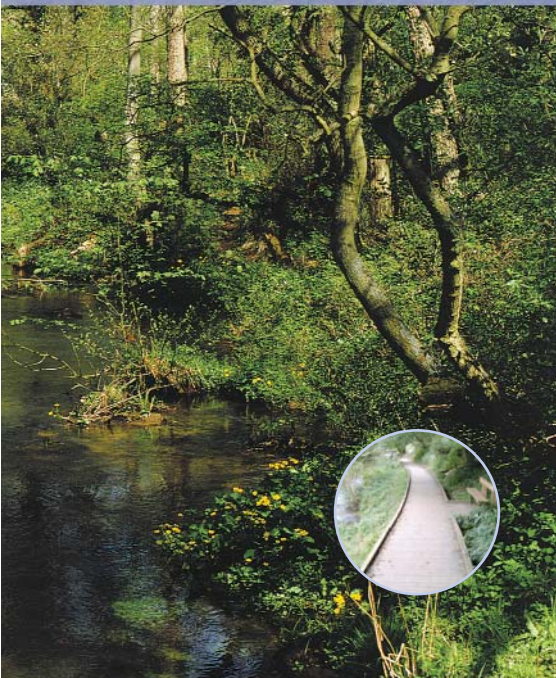


## HOW TO GET THERE

From the A170 at East Ayton follow signs to Forge Valley. After 2.5km (1.5 miles) turn left into the Old Man's Mouth Picnic Site car park.

\* Forge Valley has been named as a National Nature Reserve in recognition of its importance and value as a home for wildlife.

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The Old Vicarage, Bondgate, Helmsley,  
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[www.northyorkmoors.org.uk](http://www.northyorkmoors.org.uk)

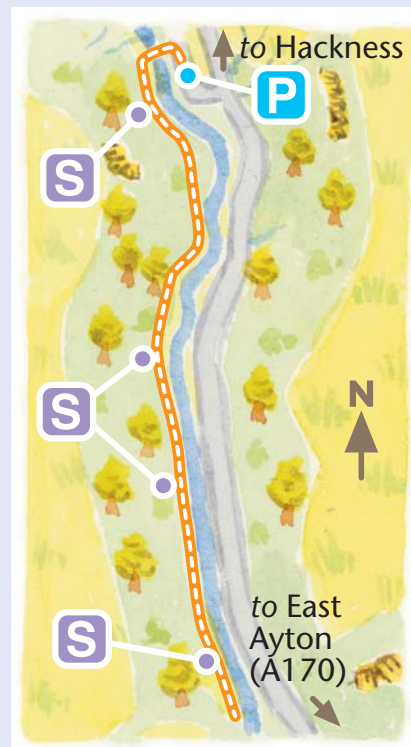


## Forge Valley Woods

0 200m

- P** Parking
- S** Seating
- Accessible route

Grid reference:  
SE 985 871



*Follow this route and discover one of the finest woodlands in the North York Moors. In the springtime you'll find yourself overwhelmed with great swathes of pungent wild garlic and delightful wood anemone.*

### NEAREST FACILITIES

There are RADAR accessible toilets in Scarborough and Scalby village (10km-6 miles)

### ROUTE DESCRIPTION

The trail starts from the Old Man's Mouth Picnic Site and follows the River Derwent, through spectacular woodland. There are numerous seats along the way.

**A linear route of 2.7km-1.7miles (there and back).**

### PATH DETAILS

The route follows a fairly level, wooden boardwalk for its entire length. There are plenty of passing places, which double up as viewing platforms.

### WHAT'S IN A NAME

The Valley is named after 14th century iron forges which were fuelled by charcoal made in these woods.